

# LUSITANO BULLETIN

*The Publication of the  
Lusitano Club of California*



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FALL 2024



*Celebrating 40 Years of Lusitano  
Current & Past Presidents at Lusitano 40th Anniversary Gala  
Dominic's at Oyster Point - October 6, 2024*

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# President's Message

Fall is a time of thanksgiving, and we want to take this opportunity to express our gratitude and blessings for your ongoing support over the years making Lusitano what it is today. It was heartwarming to see many of our past presidents, directors, and volunteers at our recent 40th Anniversary Celebration. Thank you for your contribution towards our success. We look forward to many more years of celebrating our unique Macanese culture and heritage with you.

This year is also a special year as we celebrate the 25th Anniversary of the Macau SAR and the upcoming Encontro das Comunidades Macaenses "Macau 2024". 305 members have registered under Lusitano to attend this week-long gathering and we are excited to meet family, friends, and members from the worldwide Casas next month. Thank you to the Macau Foundation, Conselho das Comunidades Macaenses, and all the organizations involved in organizing this event. The preliminary program can be found in the next few pages. If you plan to go on the sightseeing trip to Zhuhai on December 5th, you will need a valid China visa or hold a Portuguese passport. Please reconfirm your attendance via email to us.

We have also been invited by Club Lusitano Hong Kong to a cha gordo on December 7th and Associação Portuguesa de Socorros Mutuos to a cha gordo at Club de Recreio on December 8th. Please remember to RSVP to [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com) by October 20th if you are planning to attend the Hong Kong post Encontro events.

Since many of us will be attending the Encontro, please remember to RSVP to our December 14th Christmas party before your travels by November 22nd.

If you are not currently on our email list and would like to get updated information in between our quarterly bulletins, please email us to be added. Thank you to Fundação Oriente, Portugal for sponsoring our quarterly bulletins so we can keep everyone abreast of our Club events.

Have a wonderful Autumn and a Happy Halloween!

Sincerely,

Maria C. Roliz, President

**Be Green!** *Help us cut down on paper and stamps. Sign up for a Lusitano e-Bulletin today if you are receiving this hard copy in the mail and would like to switch to an e-Bulletin*

# 2024 Macau Encontro Preliminary Program

## Nov 30 (Saturday)

**09h00** Social gathering and football tournament organized by Associação dos Jovens Macaenses AJM at Escola Portuguesa de Macau, Av. do Infante Dom Henrique, Macau

**18h00** Welcome gathering for participants at Gerações Escola Internacional (Generations International School) in Coloane, Macau

## Dec 1 (Sunday)

**10h00** Meeting with representatives of the Casas

**19h30** Solemn Opening Session (venue to be confirmed)

## Dec 2 (Monday)

**10h00** Cultural session promoted by International Institute of Macau together with the Council of Macanese Communities (venue to be confirmed)

## Dec 3 (Tuesday)

**10h00** Ceremony next to the Monument of Homage to the Macanese Diaspora (only for Casa Presidents)

**10h00** Guided tour by experts from the Macau Cultural Institute to places of historical interest

**15h00** Photo session next to the Ruins of St Paul's

**18h00** Mass and Te-Deum at Sé Cathedral

## Dec 4 (Wednesday)

**09h00** Macanese Culinary Competition at Centro de Actividades do Ensino Superior Seac Pai Van (for Casa contestants only)

**18h00** Lecture or “coffee talk” organized by Associação dos Jovens Macaenses AJM at the International Institute of Macau

## Dec 5 (Thursday)

**08h00** Sightseeing Tour to Hengqin Island (Ilha da Montanha) in Zhuhai, China with the support of the Liaison Office of the Central Government of China in Macau (only for registered participants holding a valid China visa or Portuguese passport. **RSVP by Oct 20 to [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com)**)

## Dec 6 (Friday)

**19h30** Closing party (venue to be confirmed), in a format that allows participants of the Encontro to socialize with family and friends (venue to be confirmed)

## Planned events in Hong Kong after the Macau Encontro:

### Dec 7 (Saturday)

**15h00** Cha Gordo, Club Lusitano, 16 Ice House St, Hong Kong. **RSVP by Oct 20 to [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com)**

### Dec 8 (Sunday)

**15h00** Cha Gordo organized by Associação Portuguesa de Socorros Mutuos at Club de Recreio, 20 Gascoigne Rd, Kowloon, Hong Kong. **RSVP by Oct 20 to [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com) (Cost: US\$20)**

**Date to be confirmed** Guided Tour of the “Portuguese Community in Hong Kong Exhibition” at the Hong Kong Museum by Francisco A. Da Roza



# Upcoming Events

**Sat, Nov 2:** Bowling Social, Bel Mateo Bowl, Belmont

**Nov 25-29:** Pre-Encontro trip to Osaka & Kyoto, Japan

**Nov 30-Dec 6:** Encontro das Comunidades Macaenses “Macau 2024”

**Dec 7-10:** Post Encontro trip 3-nights to Hong Kong

**Sat, Dec 14 6pm:** Annual Christmas Party, San Mateo Elks Lodge

**Sun, Feb 2:** Annual General Meeting / Chinese New Year Dinner

## 2025 Portuguese Heritage Night Events

Purchase your tickets now to sit with the Lusitano Club and Consul General of Portugal on the bridge as we celebrate our Portuguese heritage with the **Warriors on February 3, 2025**. Limited seating on the bridge, first come first served! Pre-game shoot around experience included.



## PORTUGUESE HERITAGE NIGHT

Golden State Warriors

vs. Orlando Magic

Monday, February 3, 2025

7pm Chase Center

SAVE THE DATE – GATHER YOUR FAMILY & FRIENDS AND JOIN US IN CELEBRATING PORTUGUESE HERITAGE NIGHT WITH THE WARRIORS AT CHASE CENTER!

### COST:

\$105 BRIDGE SEATS with Lusitano Club

\$65 UPPER LEVEL SECTION 212

\$140 LOWER LEVEL SECTION 127 or 128

PURCHASE YOUR TICKETS now! No fees!

MARIA ROLIZ / 415.990.5534 / [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com)



**SAVE THE DATE!**  
**Saturday, March 8, 2025**  
**7pm**  
**Sharks vs Islanders**

Ticket pricing coming soon!



# Ten-pin Bowling Social

*Join us for some fun, meet and greet on*

**Saturday, November 2nd 11am**

**at**

**BEL MATEO BOWL**

4330 Olympic Ave, San Mateo, CA 94403

**Cost: \$15**

*(2 hrs of bowling, shoes included)*



**Please RSVP by October 16th**

to [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com) or

call Maria at 415-990-5534

so we can book enough lanes.

Hope to see you there!

Payment will be collected at the alley.

**MACAU SWEET TREATS \$ 15.00 per box**

*Provided by Lusitano Club of California*



**Cornstarch Cookies “Genete de Cornstarch”**

baked by Dorothy Oliveira

will be available for sale once again this Christmas  
to support our LUSITANO Scholarship Fund.

**To place your order, email us at [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com)  
by October 20, 2024**

Orders will be available for pick up on Saturday, December 14th at  
the Christmas Party, San Mateo Elks Lodge or requested for pick up  
week of November 3rd in San Francisco or Walnut Creek area.

Mail orders available with added UPS charges to be advised.

Please make check payable to LUSITANO CLUB and mail by  
October 20th to: 7222 Cutting Blvd, El Cerrito, CA 94530.  
PayPal, Zelle or Venmo also accepted payable to Maria Roliz at  
415.990.5534 or [m\\_roliz@yahoo.com](mailto:m_roliz@yahoo.com)

# LUSITANO CLUB

*proudly presents our*

## **ANNUAL CHRISTMAS DINNER DANCE**

**Saturday, December 14th 6-11pm**

**San Mateo Elks Lodge**

**233 W. 20<sup>th</sup> Avenue, San Mateo, CA 94401**

*(Enter from right side of building/parking lot)*



**6pm Visit from Santa / No Host Cocktails**

**7pm Dinner Buffet**

**8:30 - 11pm DJ Music / Dancing / Raffle / Prizes**

### **COST**

**\$35.00 Lusitano members (ages 19-61)**

**\$20.00 Lusitano senior & youth members,  
& children (ages 4-12) of current members**

**\$25.00 Children of non-members (ages 4-12)**

*All Children under 4 years of age no charge*

**\$50.00 Non-members or**

**Late reservations received after November 22nd**

*Please remember to advise names/ages of children 12 &  
under when you RSVP so Santa can bring a gift from the North  
Pole and be present with your kids at 6pm to welcome Santa*

**RSVP BY NOVEMBER 22, 2024**

to Jessica at 925.354.7999 or [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com)

Mail check to Lusitano, 7222 Cutting Blvd, El Cerrito, CA 94530

# Annual Picnic

*by Sheila Jun*



In a world of turmoil and uncertainty, we were brought together by tradition at our Annual Picnic on July 21st.

The sun shone bright over Beresford Park as the crew were busy readying at their stations. We had a nice group of 80 as we welcomed a few new members. Chris and Hunter stoked the pit and flipped the burgers, hot dogs, and chicken apple sausages - our appetizers with all the fixings. Yummy! This was followed by finger licking barbeque chicken drumsticks, marinated tri-tip, potato salad, jap chae noodles, and a refreshing green salad topped with blueberries, walnuts and chopped apple.

After a hearty lunch, a group was cheered on as they tackled the cornhole toss. As the warm afternoon rolled in, we were treated to cool desserts; mouth-watering sweet watermelon and almond jello topped with mixed fruits. A round of applause and gratitude once





again to the directors and volunteers for their relentless effort in making another outstanding get-together.

Raffles were called and the lucky winners were Ellen Boisseree, Fernanda Barros, and Nancy Leong. What a nice way to round out such a well-planned event. To quote Lester Holt's sign off "Remember to take care of yourself and each other".







# 4th of July Celebration

by Maria Roliz



The Rose, White & Blue 4th of July

Parade is a multicultural celebration that brings together the South Bay community to celebrate their shared home and diverse cultures. Thousands of residents and visitors line up the streets of the Rose Garden neighborhood to applaud the parade participants and enjoy the holiday. This year we celebrated 4th of July and participated with the first ever Portuguese delegation: Portuguese Historical Museum, POSSO, Lusitano Club, Macau Cultural Center, Luso-American Education Foundation, Lusófono Student Association (LuSA), and Portuguese Tribune / Tribuna Portuguesa. Thank you to

all who participated and to Miguel and Sofia Ávila and the Portuguese Tribune for assembling the group!



The Portuguese Tribune is the best Portuguese bilingual newspaper serving the Portuguese-American community in California. To subscribe to this wonderful newspaper visit [www.portuguesetribune.com](http://www.portuguesetribune.com)



# Lusitano 40th Anniversary Celebration

by Sheila Jun

What a glorious night to remember. The momentous celebration of Club Lusitano's 40th Anniversary Gala on October 6th.

On a balmy autumn night, men in tuxedos, suits, and ladies in lovely colorful gowns sauntered into Dominic's at Oyster Point.

They were welcomed by refreshing drinks and spirits at the hosted bar... nibbled on appetizers of shrimp and crab cakes, spinach and artichoke dip bites, and fresh tomato, garlic and basil bruschettas while mingling at cocktail hour.

The event commenced with our President Maria Roliz with her opening speech; the summation of Lusitano Club's chronology, and expressing her extreme praise and gratitude to all the past presidents and members who make up the Club for their dedication and support.

Our honorable guest of the evening, the new Portuguese Consul General of Portugal in San Francisco Felipe Ramalheira, was called to the podium and delivered his remarks.

We were graced by his attendance as he praised the inception, growth progress and all that embodied our Club.

The American and Portuguese National Anthems were then sung by Eric Ribeiro.

A sumptuous buffet followed. Guests were treated to an array of salads; Caesar, Waldorf, house greens, roasted vegetable pasta, mozzarella cucumber, and a fresh fruit display.

The roasted pork loin was



Congratulations and Welcome to our new Consul General of Portugal in San Francisco, Filipe Ramalheira











Lusitano original hockey players - Gino Reyes, Tony Reyes, Antonio Jorge da Silva, and Tony Delgado with Penny Jorge da Silva



The Band: Airwaves



Past presidents Luis Ozorio, Antonio Jorge da Silva, Dorothy Oliveira, Chris daRoza, Ed Collaco with current president Maria Roliz

outstanding accompanied by crab stuffed petrale sole, chicken Toscana, penne Dominico, rice pilaf and mixed vegetables.

Dinner was rounded with all the past Lusitano presidents that were present for a photo op.

A picturesque and informative slideshow of Lusitano's past presidents and events over the past 40 years and tribute to Thalia Prata da Cruz, the woman who inspired the change in 1992, played throughout the evening in the big screen.

Following the accolades, music from the band "Airwaves" filled the room bringing a few to the dance floor and sing-alongs to "Bruno Mars".

Delicious anniversary cake with fresh fruit and cream were served along with coffee and tea.

Dancing the night away with the sound of music, guests were each presented with a scroll with the 40 years history of Lusitano and a medal memento.

The "Gala" is over ....  
 ....However, the memory lingers on.







The 2024 Lusitano Board of Directors, and  
 Consul General of Portugal in San Francisco  
 Filipe Ramalheira



## Portuguese Flag Meaning

Green represents  
 hope for the future

Red represents  
 blood lost in battle



The castles on the red  
 shield represent victories  
 over the Moors

The blue shields in the coat  
 of arms symbolize the five  
 Moorish kings killed by  
 Portugal's first king, Afonso I

The white dots on the  
 blue shields symbolize  
 Christ's five wounds.

# Word Search

*As we celebrate 40 Years of Lusitano, we want to thank all our past officers and directors that have served on the Board. Their names can be found scrambled upwards, downwards, across, backwards, or diagonally*

BOISSEREE BRITTO BROWN CASEY CARION CHINCHILLA  
COLLACO DACRUZ DALMEIDA DAROZA DASILVA  
DEGRACA DELGADO DOSSANTOS ELWICK ESPINA  
FERRAS FIGUEIREDO GUTIERREZ HARPER MANHAO  
OLIVEIRA OZORIO PUSKA REYES ROLIZ SCHWAB  
SEQUEIRA SOUZA TROOST VAS XAVIER YOSHIDA

S E R R O L I Z A C C O L L A C  
S S R E Y S S X A V I E R D R A  
I W X T E O D A G L E D E C O R  
O I B A O D E R I E U G I F C S  
B M B R V Z O E Y E R R G I A E  
A A A R B I T T O A T R O G L Q  
O N L N I O T A C S C H W A L U  
H L L A H T I A A A R O L I O E  
N L I E R E R S A R N E A T C I  
A A H V O L B R S R W P N O I R  
M C C A E W Z I C E O A I S R A  
A H N S X I E T H F R E P R A H  
N O I R A C R O W O B E S A R E  
H A H E V K R A A R A R E Y E S  
A D C P I S E D B T R O O S T S  
O I T A E R I A R E T O Y R D A  
D H T H A E T C I T A Z O R A D  
S S U A M I U R T T Z O S A S S  
P O G L I C G U O E U R H A I I  
I Y A K S U P Z J B O I I R L L  
N D D O S S A N T O S O A S V A  
A Y I S Y E S A C L O R O D A S

# Macau Cultural Center

Our 2nd floor ballroom is available for your party rental needs. Please email us at [macauculturalcenter@gmail.com](mailto:macauculturalcenter@gmail.com) for details.

Hope to see you at our next event in Rossmoor on October 13th to celebrate Our Lady of Fatima.

## FLAVIA COLLACO GREUBEL JUNE 1, 1939 – JUNE 4, 2024



On June 4, 2024, the Macau Cultural Center mourned the loss of a great director and friend, Flavia Collaco Greubel. Flavia has served on the Board and as past Secretary since 2015. She was an active director and social chair for UMA for many years and was instrumental in planning many of their social functions. She was one amazing woman that always did an outstanding job. She will be dearly missed. Our condolences to her family. Rest in peace, dear Flavia.



## **NOSSA SENHORA DE FÁTIMA**

*Sponsored by Macau Cultural Center  
& Fundação Oriente, Portugal*

**SUNDAY, OCTOBER 13, 2024**

**11:00 AM MASS**

**St. Anne's Catholic Church**

1600 Rossmoor Parkway, Walnut Creek, CA 94595

**12:15 PM LUNCH**

**Fairway Room, Creekside Clubhouse (Rossmoor)**

1010 Stanley Dollar Dr, Walnut Creek, CA 94595

**COST:**

**\$12.00 (Members of Casa de Macau, Lusitano or UMA)**

**\$20.00 (Non-members) No refunds for no shows**

**RSVP by October 8th** with names of attendees  
to 415.990.5534 or [macauculturalcenter@gmail.com](mailto:macauculturalcenter@gmail.com)

# 2024 Lusitano Scholarship Recipient “Morgan Casey”



*Congratulations to Morgan Casey, recipient of our 2024-2025 Lusitano Scholarship Grant, and Thank you for sharing your story!*

When I tell my friends that I am Macanese, it always lends itself to a long conversation of where Macau is and how it is such a unique melting pot of people from Europe and Asia. I am proud to be Macanese and, while I haven't been to Macau yet, my grandfather has shared many stories with me about his time growing up there and the friendships that he keeps to this day. In fact, these conversations about Macau (and Hong Kong) are what sparked my interest in history and helped me view the world with a broader lens. I am thankful that my family has kept their Macanese traditions alive throughout my upbringing.

My grandparents, Roberto João and Margaret De Graça, have been actively involved in the Macanese community for almost 40 years and have made meaningful, lasting contributions to the preservation of the culture. My grandfather has held leadership positions in Macanese cultural organizations and dedicated countless hours of his time to support the community. For example, he served as President of the Concord and East Bay Chapters of União Macanese Americana (UMA) as well as the VP and director of the overall organization, which had over 500 members at the time. He was also a member of the committee that approved the purchase of the Macau Cultural Center in Fremont. Afterwards, he stayed involved by helping write the bylaws, soliciting donations for the remodel, and personally donated \$10,000 for the windows of the building. As a respected member of the community, my grandfather represented the Macanese when the President of Portugal came to the Bay Area. Similarly, at the request of Lusitano, my grandparents were interviewed by a UC Berkeley professor about Macanese history and culture. Of all the organizations they have belonged to over the years, their association with the Macanese community is what they value the most; in fact, my grandparents still keep in contact with Macanese friends from all over the world, including Portugal, Spain, England, Brazil, Canada, and Australia. My aunt Sylvia De Graça Ferras cared for many Macanese senior citizens in San Francisco, and my grandfather's uncle, Alberto Xavier, helped the

Macanese people settle and find jobs in Hong Kong after World War II. Specifically with Lusitano, my aunt and godmother Annie Puska, sister Emma Casey, and great Uncle Rick De Graça have all served on the Lusitano Board. Aunty Annie became involved after she reconnected with the Macanese community through the Encontro trip, and I hope to experience Encontro one day too. My family and I have also enjoyed celebrating our heritage at Lusitano events such as the annual picnic, Dia de Portugal Festival, Christmas party and more.

To ensure that my siblings and I continue Macanese traditions, my family encourages us to learn about the Macanese people and culture. My brother, Connor, attended the Luso-American Cultural Summer Camp and enjoyed meeting friends with similar upbringings. He especially loved playing soccer with them and sharing his passion for Portugal football. My sister, Emma, loves history and reading, and so my parents and grandparents have shared with her many books about Macau: her favorites are those written by Antonio Jorge da Silva and Jim da Silva. She also spends time on the Macanese family website and has visited the Portuguese Historical Museum in San Jose. For me, I love to cook and enjoy discovering new recipes from the Lusitano bulletin. The next recipe I plan to try is Bebinca de Leite, a Macanese dessert. I also like making (and eating) Minchi and Mochiko. Being able to cook authentic Macanese meals for the people I love helps me foster a deeper connection to my culture that I will forever cherish. I hope to attend a Lusitano cooking class in the future to learn more recipes! The youth, like myself, are so fortunate to have the older generations provide all these opportunities to us. Finally, as I begin my studies at the University of Notre Dame, I am excited to take classes in Portuguese Studies.

I have chosen to attend Notre Dame as I want to be surrounded with students with similar values, especially a commitment to their Catholic faith. I am a confirmed Catholic who sings in the church choir and have served as a greeter, Youth Group volunteer and camp counselor at St. Mary's Catholic Church in Walnut Creek. I appreciate that the teens I meet at Macanese gatherings are Catholic and that we share the values of faith and family - something which has become more rare in my local community. At Notre Dame, I hope to find other Macanese students and foster community with them and the Lusitano organization.

I am proud to be Macanese and look forward to passing on the traditions and stories of the Macanese people to my children and grandchildren, like my family did with me. It's such an important part of our family history and heritage.

Thank you for considering me for the Lusitano Club of California scholarship grant. I would be honored to receive it.



# When did Hong Kong first compete in the Olympics? We look back as the Paris 2024 Games end

by Jason Wordie

(Reprint from Post Magazine - Aug 11, 2024 - King of Sports)

*Hong Kong's Olympic legacy has been coloured by diplomacy, a spying 'Chinese mermaid' and the ever tenacious 'Sonny' Sales*

Mr Arnaldo de Oliveira Sales, former Chairman of the Urban Council, addresses the opening ceremony of the Wan Chai Sports Ground in February 1979.  
Photo: South China Morning Post



The Paris Olympics are nearing their grand finale; that's it for another four years. With the French capital having hosted the 1924 Games, the event's return to France a century later makes an attractive symmetry.

While athletes from Hong Kong have taken part in the Olympics since the interwar years, until 1948 they took part as Chinese national competitors under the Republic of China banner – not as a distinct regional entity. Teams and individuals from the People's Republic of China, which came into existence in 1949, were recognised as PRC representative teams only after widespread diplomatic derecognition of the Nationalist government through the 1970s.

Teams and individuals from Taiwan – where the Nationalist government had retreated in 1949 – continued to compete internationally under “Chinese Taipei”, a compromise and essentially a tacit acknowledgement of the one-China policy. While everyone knows where they are from – and who they really represent – this tactful designation ensures no wider political feathers are ruffled and broader national unity (however tentative) is presented to the wider world.



Swimmer Yvonne Yeung, also known as Yeung Sau-king, represented the Republic of China in 1936. Born in Hong Kong in 1919, she trained from a young age through the South China Athletic Association, which, in the 1930s, had harbourfront swimming facilities at Tsat Tsz Mui, all long since lost to reclamation. Although Yeung had won numerous medals at earlier national and regional sporting events, at the 1936 Berlin Olympics she did not advance beyond preliminary heats. She retired from competitive swimming in the late 1930s, and married B.L. Tao, a well-known local jockey, in 1939.

Yeung worked clandestinely in Japanese occupied Hong Kong for Nationalist intelligence in 1942-43, before moving to Shanghai, where she continued these activities until the end of the war. Known for the rest of her life as “China’s mermaid”, after her post-war divorce from Tao and remarriage to an Indonesian-Chinese businessman, Yeung lived in Thailand for several years, returned to Hong Kong in 1953, subsequently emigrated to Vancouver, Canada, in 1978, and died there in 1982, after falling from a ladder.



But when did athletes directly begin to represent Hong Kong in its own right? The Amateur Sports Federation and Olympic Committee was formed in 1950. Recognised by the International Olympic Committee the following year, Hong Kong subsequently competed independently of Britain at the Games. In these instances, the Hong Kong flag was flown and the British national anthem - then also the local national anthem – played.



A de O'Sales, former president of the Hong Kong Amateur Sports Federation and Olympic Committee, presents the SAR flag to Kenny Chow Kun-wah, deputy head of the Hong Kong delegation to Sicily, Italy, in preparation for the 1997 University Games. Photo: South China Morning Post

Despite ever-closer mainland integration, Hong Kong continues to send a separate team to the Olympics who compete under the SAR flag. That this extraordinary degree of autonomy still happens is ultimately due to one person's stubborn determination; long-serving Urban Council chairman A. de O. Sales (Arnaldo de Oliveira Sales), who chaired the local Olympic Committee for decades.

A local Portuguese, "Sonny" Sales was born in Canton in 1920 and raised in Hong Kong. That Hong Kong has as many public sporting facilities as it does – especially swimming pools – owes much to his personal vision, determination and insistence on driving forward local sporting interests.



A. de O. Sales, former president of the Hong Kong Amateur Sports Federation and Olympic Committee, and Stephen Tsai, a judo official at the 1972 Olympic Games in Munich, reminisce about what happened during the Games while in Hong Kong in 1992.

Photo: SCMP

Sales' courage, quick thinking and decisive action during the 1972 Munich Olympics hostage-taking incident allowed Hong Kong athletes to escape unharmed. His forte, however, was in sports promotion. Although he was divisive and polarising in other areas, as a shrewd small-town political operator, he knew how to maintain his own power bases by playing both ends against the middle.

But not for nothing was Sales regarded as "the Mayor of Hong Kong"; whatever the circumstances, the wider interests of his hometown and its people always came first. In these very different days, such loyalties – sadly – cannot be automatically assumed.

A. de O. Sales died in Hong Kong, aged 100, in 2020.

### Opinion Letters

#### **Letters** Before the swim medals, there was a pioneer who got pools built across Hong Kong

- Readers discuss the man behind Hong Kong's Olympic glory, heart-stopping moments at the Olympics, the gold medal tally, and how best to promote the city



Siobhan Haughey of Hong Kong, with her bronze medals, in Paris on August 1, 2024

*Published August 18, 2024  
South China Morning Post  
Letter from Francisco A. Da Roza,  
former president, Club Lusitano*

I refer to the Post Magazine article, “King of Sports” (August 11). I write to add some detail about Arnaldo de Oliveira Sales’ roles, which perhaps there was insufficient room for.

As the first Unofficial Chairman of the Urban Council, 1973 – 1981, Mr. Sales initiated the programme of sports for all with the attendant building of sports and recreational facilities. To the point of Siobhan Haughey’s heroics in the pool, Mr. Sales was the driving force in getting public swimming pools built all over the city. The Fédération Internationale de Natation awarded Hong Kong “Highest Merit” in 1978 for building the most swimming pools by a city in one year, 1977.

Mr. Sales was the President of the Hong Kong Amateur Sports Federation and Olympic Committee, 1967 – 1988. He helped set the direction for the future development of elite athletes, launching the forerunner of the Hong Kong Sports Institute and the Hong Kong Olympic Academy to train sports administrators.

Through his official capacity and his personal relationships, particularly with Juan Antonio Samaranch, President of the International Olympic Committee, Mr. Sales secured with the IOC the agreement whereby Hong Kong participates in international competitions in the Region’s own name. This implemented Article 143 of the Basic Law, whereby the SAR formulates its own policies on sports. Encapsulating the principle of the “One Country, Two Systems” is the image of Hong Kong’s own delegation marching with the city’s flag in the opening ceremony of the Beijing 2008 Olympics.

Memorable Olympic moments: Mr. Sales leading the ceremonies when Hong Kong hosted the Olympic Torch passing through the city on its way to the Tokyo 1964 Olympics and hosting Lee Lai-shan and the other delegates to the Atlanta 1996 Olympics at the Club Lusitano. Lee won the first ever gold medal for Hong Kong.

I take this opportunity to offer my heartfelt congratulations to the Hong Kong Olympiads of the Paris 2024 Olympics! Congratulations too to all those who worked to maintain excellence in Hong Kong’s sports domain. The future looks bright. From the successes, our next





Sales hosting Lee Lai-shan and the other delegates to the Atlanta 1996 Olympics at the Club Lusitano

generation has been inspired to emulate our Olympic heroes.

I am sure that Mr. Sales would have been pleased with all these achievements, particularly given Hong Kong's size and the fierce competition. This is the Olympic legacy of Hong Kong, and of Mr. Sales bearing fruit.



**1964 Olympics - Hong Kong Field Hockey Team**

The Portuguese Filhomac players that played at the 1964 Summer Olympics in Tokyo: Johnny Monteiro, Daniel Castor, Tosco Silva, Lionel Guterres, Rui Silva, Joaquim Collaço, and José "Zeca" Cunha



**Peter Rull Sr.** Sport shooter who represented Hong Kong at 5 editions of the Summer Olympic Games in the 50 metre rifle in 1960, 1964, 1968, 1972, and 1976



**Peter Rull Jr.** Sport shooter who represented Hong Kong in the men's 50 metre rifle at the 1984 Summer Olympics



## *FLAN RECIPE by Robert Leitao*



### ***Baking Utensil:***

A 10-inch round cake pan, at least 2.5-inch deep

### ***Ingredients:***

12 whole eggs

6 cups whole milk

1 cup sugar for flan

1 cup sugar for pan/syrup

3 Tbsp of vanilla essence or as much as you like (I put a lot more than 3 Tbsp)

Pinch of salt

### ***Method:***

- Melt, stir and brown 1 cup sugar in a 10-inch cake pan directly on the stove. Beware, the difference between just right and burnt can be 20-30 seconds. I put 2 inches of water in the sink to stop the sugar from burning once it has reached the right color. If you do not stop the cooking by quenching the pan in water, it will continue to cook and may burn.
- Mix all other ingredients in a bowl. I put the mixture in the microwave for 5 minutes to take the chill off the ingredients if they have just come out of the refrigerator. Starting with a lukewarm custard will shorten the time in the oven considerably.
- Cook at 350 degrees for an hour, then check periodically with a cake tester/bamboo skewer. Should be finished in 1 hour 10 min or 1 hour 15 min. Again, it may take longer if ingredients started out cold.
- Do not overcook. The top should not be browned. A very light tan may be OK but if it is brown there is a likelihood of being overcooked. If it is overcooked you will see bubbles around the perimeter when unmolding.
- To unmold, run a knife around the top edge of the flan, place a rimmed plater on top of the flan and flip over quickly.
- Enjoy!

# Notice of Annual General Meeting of Members and Elections on February 2, 2025

An Annual General Meeting of Members of the Lusitano Club of California, a California non-profit mutual benefit corporation will be held at 3pm on Sunday, February 2, 2025, at Macau Cultural Center, 109 J Street, Fremont, CA 94536, for the following purposes:

1. To elect a board of up to 11 directors, including 4 directors who will also serve as President, Vice-President, Treasurer or Secretary, to serve for the ensuing year and until their successors are elected; and
2. To consider and act upon such other matters as may properly come before the meeting or any adjournment thereof.

Only Members on record at the close of business on September 30, 2024 are entitled to notice of and to vote at the meeting or any adjournment thereof. For eligible Members who will not attend the meeting in person, absentee ballots and proxies will be mailed out by the Club by December 31, 2024. Absentee ballots and proxies must be signed, dated, and received by mail to the Lusitano Committee, 7222 Cutting Blvd, El Cerrito, CA 94530 by February 2, 2025 or by hand delivery before the call for votes at the meeting on February 2, 2025.

Nominations for directors and officers in writing stating the name of the Member nominated and, if applicable, the officer position for which such Member is nominated, must be submitted to the Lusitano Nominating Committee, 7222 Cutting Blvd, El Cerrito, CA 94530, by mail or email to [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com) to be received no later than December 16, 2024. All voting Members 18 years of age and over on record at the close of business on September 30, 2024 are qualified to be a director. List of nominees will be available after December 20, 2024.

By Order of the Lusitano Club Board of Directors

## Books for Sale

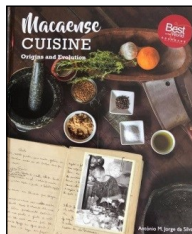
**MOST POPULAR!**

**Macaense Cuisine -  
Origins And Evolution**

*Author:*

**António Jorge da Silva**  
(Published 2019)

**Cost: USD30.00**



*We carry many other  
interesting books  
in stock on Macanese  
culture & history.*

*Please email us at  
[lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com)  
if there is a particular book  
you like to purchase.*

# LUSITANO BULLETIN

*A quarterly publication co-sponsored by Fundação Oriente and Lusitano Club of California (a 501c4 non-profit organization) for its members and people of Portuguese descent from Macau and the Far East. Subscription to the Bulletin is unavailable separately. Club membership application can be downloaded from our website at [www.lusitanoclubusa.org](http://www.lusitanoclubusa.org)*



## Websites of Interest

### Consulate General of Portugal in San Francisco

<http://www.saofrancisco.consuladoportugal.mne.pt/en/>

### Macanese Families

(A website dedicated to preserving and disseminating our Macanese culture, history, and genealogy)

<http://www.macaneselibrary.org>

### Macanese Recipes

<https://macaneserecipes.org>

### Instituto Internacional Macau (IIM)

(You can find videos and latest info on their published books which may be purchased from Lusitano Club)

<https://www.iimacau.org.mo/>

### SGP - Sandra Gomes Pinto & Associates RL

<https://www.sandragomespinto.com>

Have questions about Portuguese citizenship, moving to Portugal, or buying property in Portugal - Sandra Gomes Pinto and her team may be able to help. Please email her at [sgp@sandragomespinto.com](mailto:sgp@sandragomespinto.com)

**Club Mailing Address:** 7222 Cutting Blvd, El Cerrito, CA 94530

**Tel:** 415-990-5534 **Email:** [lusitanoclubusa@gmail.com](mailto:lusitanoclubusa@gmail.com)

**Website:** [www.lusitanousa.org](http://www.lusitanousa.org) **Facebook:** Lusitano Club of California

**Editor:** Maria Roliz **Webmaster:** Linda da Silva

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<i>Treasurer:</i>			
Jessica Xavier	(925) 354-7999		



LUSITANO CLUB OF CALIFORNIA  
7222 CUTTING BLVD.  
EL CERRITO, CA 94530

**Be Green!**  
**Sign up for the**  
**Lusitano e-Bulletin**



*The Portuguese Delegation at the  
Rose, White, and Blue 4th of July Parade in San Jose*