



**Comissão Organizadora do Encontro das Comunidades Macaenses
“Macau 2024”
“澳門2024” 土生葡人社群聚會準備委員會**

Rules for the Macanese Cuisine Contest (Final)

Art. #1

The Organizing Committee of the “Encontro das Comunidades Macaenses - Macau 2024” institutes the “Awards for the Macanese Cuisine” the final of which will take place in Macau during the said event in December 2024.

Art. #2

The winning teams representing each of the thirteen Casas de Macau, Macanese Associations or Clubs in the preliminary phase of the contest, as well as the winning team of the contest held in Macau by the Organizing Committee are eligible to participate in the final.

Art. #3

Each team must present (in serving sizes for a minimum of 4 persons):

Art. #4

Each team is composed of one contestant and one helper.

Art. #5

§ 1 – The Organizing Committee will provide to the participating teams a list of basic kitchenware and condiments.

§ 2 – The selection and acquisition of ingredients and other condiments will be made by the contestants, with the assistance of the Organizing Committee who will allocate a fix and uniform amount for this purpose.

Art. #6

The jury will be appointed by the Organizing Committee of the “Encontro das Comunidades Macaenses – Macau 2024” and will be composed by three members of the community with proven knowledge of Macanese cuisine and traditions and two professionals in gastronomy.

Art. #7

Members of the jury are not eligible as contestants and shall not have direct kinship to any of the contestants.

Art. #8

The local competitions organizers are to report to the Organizing Committee of the “Encontro das Comunidades Macaenses - Macau 2024” the dates on which the competitions take place, and keep it informed of the progress of the events, and also the number of contestants enrolled, composition of the jury and the final results, and to send the recipes of the winning teams, with the respective photographs, preferably in digital format.

Art. #9

The winner, first and second runner-ups in the final will be awarded with money prizes as follow:

- 1st – MOP 6.000,00 (six thousand patacas)
- 2nd – MOP 4.000,00 (four thousand patacas)
- 3rd – MOP 3.000,00 (three thousand patacas)

Art. #10

Trophies for the and participation certificates will be given to all contestant teams.

Art. #11

The Organizing Committee of the Encontro das Comunidades Macaenses – Macau 2024, all the rights of the respective recipes for the purpose of publication in book or in other form of divulgation, are eligible to participate in the contest.

Annex

List of Main Course:

“Minchi” is the mandatory dish, and competitors can make any type of Minchi.

- Ade com inhame
- Ade com Sombrero (Cogumelos)
- Ade com Trate
- Arroz Gordo
- Arroz Pilau
- Bebinca de Inhame
- Bebinca de Nabo
- Bife/Costeleta Pó de Bolacho (Lampo)
- Bolinhos de Bacalhau
- Bredo Raba-raba
- Cabeça de Bonzo
- Chái de Bonzo
- Camarão à Macau
- Canja de galinha
- Capela
- Caril de galinha
- Caril de Vaca
- Caril de Quiápo com camarão
- Casquinha de Caranguejo
- Chatini ou Chachini (de Bacalhau)
- Chau-chau parida
- Chili Cachão
- Creme de abóbora
- Galinha à Cafreal (Galinha Africana)
- Galinha à Portuguesa
- Galinha Molho Perdiz
- Iscas
- Lacassá
- Lorcha Margoso
- Missó Cristang
- Peixe cus-cus (todos incluídos)
- Porco Bafassá
- Porco Balichão Tamarindo
- Sambal de Beringela
- Sambal margoso
- Sambal de pepino
- Sopa de Lacassá
- Vaca Estofada
- Vindaloo (galinha/ borrego/ vaca)

List of Desserts:

- Baji
- Barba
- Batatada
- Bebinca de leite
- Bicho-bicho
- Bolo mármore
- Bolo Menino
- Cabelo de noiva
- Celicário
- Cha-cha
- Coqueira
- Coscurão
- Doce de camalenga
- Farte
- Fatias da China
- Genete
- Jagra com ovos
- Ladu
- Mousse
- Muchi muchi
- Rebuçados de ovos
- Saransurave
- Soufflé
- Torchas